NEONATAL ABSTINENCE SYNDROME

Updates on Best Practices for Caring for Infants and Supporting Their Mothers

Monday, February 3, 2014
Snow date: Wednesday, February 12, 2014

NJ PURE Conference Room
Capital Health Medical Center – Hopewell
One Capital Way | Pennington, NJ 08534
CONFERENCE OVERVIEW

This continuing nursing education program will address how nurses can best provide comprehensive care to newborns diagnosed with Neonatal Abstinence Syndrome (NAS), as well as offer insights into the chronic illness of addiction to help nurses provide the support and education mothers need to parent infants with NAS.

SCHEDULE

7:30 a.m.  Registration and Continental Breakfast
8:00 a.m.  Welcome  
Eileen Horton, RN, MSN, MSM

MORNING SESSION

8:15 a.m.  The Nurse’s Role in Addressing the Special Needs of Mothers Recovering from Addictions  
Anne K. Harrington, BS, RN, CADC

9:30 a.m.  The Medical Management and Treatment for Newborns with Neonatal Abstinence Syndrome (NAS) — Nurture, Alleviate, Support  
Amy Presti, MD, MS, FAAP

10:30 a.m.  Break

11:00 a.m.  Nursing Care of the Newborn with NAS and Related Parent Education  
Ksenia Zukowsky, PhD, CRNP, APRN-BC-NNP

12:00 p.m.  Lunch

AFTERNOON SESSION

12:45 p.m.  Community Support for Mothers in Recovery  
Christine Kieffer, RN

1:15 p.m.  A Holistic Approach for Children with NAS: Supporting the Family Unit  
Erica Sciolla, CTRS, CCLS

1:45 p.m.  A Mother’s Story

2:45 p.m.  Program Evaluation

3:00 p.m.  Adjourn
LEARNING OBJECTIVES

As a result of attending this continuing nursing education program, participants will be able to:

- Explain the physical process of the chronic disease of addiction.
- Describe the family dynamics that are present when a family member has an addiction.
- List co-morbidities common with the disease of addiction.
- Identify which newborns are at risk for Neonatal Abstinence Syndrome (NAS).
- Describe the signs and symptoms of NAS.
- Explain how neonatologists use the Finnegan NAS Scoring System in developing a treatment plan.
- Discuss the essentials of both supportive care treatments and pharmacologic treatments.
- Describe how to assess a newborn with NAS using the Finnegan NAS Scoring System.
- Discuss the nutritional challenges and related approaches to care in newborns with NAS.
- Demonstrate at least three ways to console newborns as they go through withdrawal.
- Customize standard parent education and discharge teaching for mothers of newborns with NAS.
- Describe the essential components of comprehensive programs to support infants with Neonatal Abstinence Syndrome (NAS), their mothers and other caregivers.
- Explain the referral process to Weisman Children’s Rehabilitation Hospital for a newborn with NAS.
- List at least three helpful strategies to use to support mothers as they develop parenting skills to care for their newborn with NAS.
- Name one potentially hurtful remark to avoid saying to a mother with a newborn with NAS.
REGISTRATION FORM

Registration is required.
Registration deadline: JANUARY 29, 2014
Registration fees: $17 for employees of Capital Health
$30 for all others
(Fee includes continental breakfast, lunch, and handouts.)

PLEASE PRINT

Name ____________________________________________
Profession _______________________________________
Organization ______________________________________
Home Address ____________________________________
City _________________ State _______ Zip __________
Home/Cell Phone __________________________________
E-mail ___________________________________________
(Please copy this registration form as needed.)

PAYMENT

Make checks payable to: Capital Health Foundation

Forward registration form and payment to:

Kathryn Bayrasli
Maternal and Child Health Department
Capital Health
One Capital Way
Pennington, NJ 08534

Note: Refunds are not possible for this conference, but a substitute nurse may attend for the one registered if necessary.

If the minimum registration number is not achieved, Capital Health reserves the right to cancel this program.
ACCREDITATION

Capital Health is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Provider # P122-5/13-16. Provider approval is valid through May 2016.

Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.

Note: In order to receive contact hours, participants must attend the entire continuing nursing education activity. Partial credit will not be awarded.

CONFERENCE PLANNING COMMITTEE

Karen Adamczyk, BSN, RNC-NIC
Randi Axelrod, MD, FAAP
Diane Patterson, RNC-NIC, MSN
Christine Saltzman, RN, MSN, RNC-NIC

DISCLOSURES

This program is being supported in part by an unrestricted education grant from the March of Dimes – New Jersey Chapter.

None of the planners and speakers have any vested interest in the content of this continuing nursing education activity to disclose.

FOR MORE INFORMATION

Contact Kathryn Bayrasli at KBayrasli@capitalhealth.org or 609.303.4513 for questions about registration or payment.

If there is a severe winter storm on February 3 that requires this program to be postponed until February 12, you will receive an e-mail by 4:30 a.m. on February 3.
FEATURED SPEAKERS

Eileen Horton, RN, MSN, MSM
Vice President of Patient Services and Chief Nursing Officer

Anne K. Harrington, BS, RN, CADC
Former Coordinator, Perinatal Addictions Prevention Project (2005 – 2011)
Gateway Northwest Maternal and Child Health Network, Newark, NJ

Amy Presti, MD, MS, FAAP
Neonatology Attending Physician
Morristown Medical Center / Goryeb Children’s Hospital, Morristown, NJ

Ksenia Zukowsky, PhD, CRNP, APRN-BC-NNP
Associate Professor, Associate Dean Graduate Programs
Coordinator of Neonatal Nurse Practitioner Program
Thomas Jefferson University Jefferson School of Nursing, Philadelphia, PA

Christine Kieffer, RN
Nursing Director
New Horizons Treatment Services, Trenton, NJ

Erica Sciolla, CTRS, CCLS
Child Life Clinical Educator and Program Chair of the Neonatal Abstinence Program
Weisman Children’s Rehabilitation Hospital, Marlton, NJ