

CHILDREN'S HOSPITAL OF NEW JERSEY AT NEWARK BETH ISRAEL MEDICAL CENTER PRESENTS:

## THE S.T.A.B.L.E. PROGRAM LEARNER COURSE

Tuesday, December 12, 2017  
8:00 a.m. - 4:30 p.m.

Children's Hospital of New Jersey at NBIMC  
201 Lyons Ave, Newark, NJ / Parsonnet Auditorium

Registration begins at 7:30 a.m.

Program begins promptly at 8:00 a.m.

### COURSE OVERVIEW

The S.T.A.B.L.E. program is a neonatal post-resuscitation / pre-transport stabilization course.

S.T.A.B.L.E. is a concise, directive tool designed to assist health care professionals to organize the myriad of details and interventions necessary to provide care to a sick or premature newborn prior to transport.

S.T.A.B.L.E. stands for the six assessment parameters covered in the program: **S**ugar, **T**emperature, **A**irway, **B**lood pressure, **L**ab work, and **E**motional support for the family.

### COURSE REQUIREMENTS

Prior to the program date, course participants are expected to:

1. Review and study the S.T.A.B.L.E. Learner Manual, 6<sup>th</sup> Edition  
Can be purchased through [stableprogram.org](http://stableprogram.org); the AAP website or Amazon
2. Complete the S.T.A.B.L.E. Pre-test

Course instructions and Pre-Test will be e-mailed to each participant upon receipt of completed registration form & payment

To receive **Contact Hours**, participants must attend the **entire** program and submit a completed program evaluation at its conclusion.

To receive **S.T.A.B.L.E. Certification**, participants must attend the **entire** program **and** achieve a grade of ≥85% on the Post-Test.

### COURSE OBJECTIVES

Identify newborns at risk for the development of hypoglycemia.

List interventions to prevent neonatal hypothermia in the post-resuscitation period.

Describe airway challenges presenting in the newborn period and discuss their management.

Identify signs of shock in the newborn.

Review the process of CBC result evaluation.

Identify interventions that support the parent(s) of sick / transported newborns

Recognize the importance of communication and teamwork to patient safety.

## TARGET AUDIENCE

Perinatal & Neonatal Nurses working in Labor & Delivery, Well-Baby, Intermediate and Intensive Care Nurseries

## ACCREDITATION

Newark Beth Israel Medical Center is an approved provider of Continuing Nursing Education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.

Each nursing participant will receive 7.25 Contact Hours upon completion of the program.

*Accreditation refers to recognition of CE activities only. It does not imply endorsement of any commercial product.*

*This program is sponsored solely by Children's Hospital of NJ at Newark Beth Israel Medical Center.*

*No Commercial Support has been received.*

*The speakers and planners for this program have no vested interest in the content of this educational activity and have agreed that the program will be presented free of bias.*

## REGISTRATION INFORMATION

RWJBH System	\$35
NBIMC Perinatal Referral Network	\$35
All Others	\$55

**Registration Fee includes:  
CE Credits, Continental Breakfast and Lunch**

**Parking is \$5.00 for the Day**

## PRE-REGISTRATION IS REQUIRED

**REGISTRATIONS MUST BE RECEIVED BY FRIDAY, DECEMBER 1<sup>ST</sup>**

For further information contact:

**Pat Benedetto at 973-926-7878 or [patricia.benedetto@rwjbh.org](mailto:patricia.benedetto@rwjbh.org)**

**REGISTRATION FORM** (please detach and return with your payment)

### THE S.T.A.B.L.E. PROGRAM LEARNER COURSE – DECEMBER 12, 2017

Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Hospital Affiliation: \_\_\_\_\_  
Email Address: \_\_\_\_\_

**Amount enclosed: \$ \_\_\_\_\_** Make Checks payable to: **Neonatal Medicine – CHoNJ**

Mail check & completed registration to:

**Pat Benedetto, RNC, C-9 Neonatal  
CHoNJ, 201 Lyons Avenue, Newark, New Jersey 07112**