



LGBTQIA... The Alphabet Soup of Community Healthcare

**Provided by
The Partnership for Maternal and Child Health of Northern New Jersey**

June 23, 2018

Clara Maass Medical Center
1 Clara Maass Drive
Belleville, New Jersey

Course Description

The conference will focus on providing care and support to adults and children who identify as lesbian, gay, bisexual, transgender, queer/questioning, intersexual and asexual (LGBTQIA) in the health care provider office, hospital and school settings.

Target Audience

Nurses and social workers working in clinic, hospital, provider office and school settings.

Presenters

Christine Abrahams, Ed.D, LPC, NCC, ACS

Christine Abrahams is the Supervisor of School Counseling Services at Hopewell Valley Regional School District. She has been working in the school setting specifically with LGBTQIA children and adolescents, their families, and teaching staff since 2003. Dr. Abrahams received training from the New Jersey Department of Education in providing a safe educational environment for LGBTQIA students and offers professional development workshops on this topic for school personnel.

Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN

Dually licensed as an acupuncturist and registered nurse in the state of New Jersey, Andrew Appello is an openly gay health practitioner who has been treating members of the LGBTQIA community in his private practice, located in Princeton, New Jersey, for more than 11 years. Having witnessed disparity in both his personal life as well as his clinical one, he is passionate about sharing knowledge with professionals to facilitate the elimination of the stigma associated with this population.

Natalie Roche, MD

Natalie Roche, MD has been an attending obstetrician/gynecologist at University Hospital in Newark, New Jersey since 2000. Since 2002, Dr. Roche has served as the Director of Gynecology Services (In-patient and Out-patient Care) for the hospital's Department of Obstetrics, Gynecology and Women's Health. She is an Associate Professor at Rutgers New Jersey Medical School where she serves on the Multidisciplinary Team for Transgender Patients as well as the LGTBQ Committee.

Learning Outcome

After attending this continuing education activity the learner will be able to provide improved care and support to LGBTQIA adults, adolescents and/or children in the healthcare or school setting.

Objectives

- Define LGBTQIA terminology.
- Describe LGBTQIA culture.
- List LGBTQIA health concerns for the adult population.
- Summarize interdisciplinary interventions for LGBTQIA care for adults.
- Discuss culturally congruent communication techniques to use with adults identifying as LGBTQIA.
- Identify biopsychosocial standards of population care for adult populations
- Describe transgender assessment for adults.
- List transgender treatment modalities for adult patients.
- Design a client centered action plan for an LGBTQIA adult.
- Describe the roles of the members of a hospital Transgender Multidisciplinary Care Team.
- List LGBTQIA health concerns for the pediatric population.
- Summarize three programs which create support for LGBTQIA children and adolescents.
- Examine board of education policies relating to LGBTQIA students.
- Discuss culturally congruent communication techniques to use with children and adolescents identifying as LGBTQIA.
- Identify internal and external resources for LGBTQIA students and their parents.
- Summarize interdisciplinary interventions for LGBTQIA care for children and adolescents.
- Identify biopsychosocial standards of population care for pediatric populations
- Describe transgender assessment for children and adolescents.
- List transgender treatment modalities for pediatric patients.
- Design a client centered action plan for an LGBTQIA child or adolescent.

Disclosures

The speakers and planners have no financial disclosures to make. Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by NCC of any commercial products discussed/displayed in conjunction with the educational activity.

Successful Completion

To receive contact hours for this continuing education program, the registrant must sign-in / sign-out on the sign-in sheet, attend the entire program, and complete and submit an on-line evaluation. A certificate of completion will be mailed electronically within two weeks.

Continuing Nursing Education Contact Hours

This program has been awarded 5.0 contact hours.

The Partnership for Maternal and Child Health of Northern New Jersey is an approved provider of continuing nursing education by NJSNA, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation.

Provider #P194-1/17/20. Provider approval is valid through January 2020.

Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.

Social Work

NJ Social Workers- An application has been made for consideration of 5.0 Cultural Competency CE credits for this course.

To receive contact hours for this continuing education program, the registrant must sign-in / sign-out on the sign-in sheet, attend the entire program and complete and submit the on-line program evaluation. Certificates will be awarded and sent to attendees electronically within two weeks of the submission of the evaluation

Accessibility

This location is handicap accessible. Please let us know if you will need ADA accommodations when you register or call Amy Gole.

Procedure for Grievance

Contact Amy Gole at agole@partnershipmch.org or 973-268-2280 Ext 100 to initiate the filing of a grievance. The participant may register complaints with the approval entity with an option to appeal to their licensing board if displeased with the results of the process described above.

Registration

On-line registration may be accessed via the following link: <http://conta.cc/2G2K1ye>

Registration will close on Thursday, June 14, 2018.

Registrations are not refundable, however they may be transferred to a colleague prior to June 14, 2018.

To transfer a registration, please contact Amy Gole at agole@partnershipmch.org or 973-268-2280 x100

Parking and Wayfinding

Parking is available free of charge in the parking deck located in the front of the hospital.

The conference is being held in The Learning Center. Take the walkway on the first level of the parking deck to the Continuing Care Building (not the main entrance to the hospital), Stop at the Security Desk for a visitor's badge. Follow signs to The Learning Center.

Fee

Clara Maass Medical Center Staff: \$20

Partnership Member Hospital Staff: \$30

(for listing of member hospitals go to: <http://partnershipmch.org/about-us/member-hospitals/>)

All others: \$40

Questions?

Contact Amy Gole at agole@partnershipmch.org or 973-268-2280 x100



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Clara Maass Medical Center, Belleville, NJ

June 23, 2018

- 9:15 - 9:45am Registration
9:45 - 10:00am **Welcome**
Amy Gole, RNC-MNN, Ed.M, NE-BC
Director of Education
Partnership for Maternal and Child Health of Northern New Jersey
- 10:00 - 10:30am **LGTBQIA Overview**
Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN
Licensed Acupuncturist, Herbalist and Registered Nurse
Healthy Living Acupuncture
- 10:30 - 11:00am **Supporting the LGTBQIA Patient in Health Care Settings**
Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN
- 11:00 - 11:15am **Introduction to Pediatric and Adolescent Concerns**
Christine Abrahams, Ed.D, LPC, NCC, ACS
Supervisor of School Counseling Services
Hopewell Valley Regional School District
- 11:15 - 12:15pm **Case Study Presentation / Creating an Action Plan for Client Centered Care**
Christine Abrahams, Ed.D, LPC, NCC, ACS
Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN
- 12:15 - 1:15pm Lunch (provided)
Care of the Transgender Community: Use of a Multidisciplinary Team
Natalie Roche, MD (30 minute lecture)
Associate Professor, Department of OB/GYN and Women's Health
Rutgers New Jersey Medical School
- 1:15 - 1:30pm **LGTBQIA Concerns Across the Lifespan**
Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN
- 1:30 - 2:00pm **Supporting LGTBQIA Youth in School, Family and Community Settings**
Christine Abrahams, Ed.D, LPC, NCC, ACS
- 2:00 - 2:30pm **Providing Culturally Competent Care to LGTBQIA Children and Adolescents in Health Care Provider Offices and Hospitals**
Christine Abrahams, Ed.D, LPC, NCC, ACS
Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN
- 2:30 - 3:30m **Case Study Presentation / Creating an Action Plan for Child Centered Care**
Christine Abrahams, Ed.D, LPC, NCC, ACS
Andrew Appello, MSOM, L.Ac., RH(AHG), BSN, RN