PERINATAL NEUROSCIENCE

INFANT SLEEP, LACTATION, AND PARENTING BEHAVIOR WITH DR. NILS BERGMAN

February 11, 2016
8:00 a.m. – 4:30 p.m.

NYU Langone Medical Center
560 1st Avenue
Alumni Hall, Classroom A
SPEAKER: DR. NILS BERGMAN

Dr. Bergman introduced Kangaroo Mother Care (KMC) to South Africa in 1995, after he and Midwife Agneta Jurisoo, developed and implemented KMC for premature infants right from birth at Manama Mission, Zimbabwe. At the Mission, KMC resulted in a five-fold improvement in survival of Very Low Birth Weight babies. Five years after introduction to South Africa, KMC became official policy for care of premature babies in the hospitals of the Western Cape Province. Since then, Dr. Bergman has given keynote addresses on KMC at International Conferences in six continents, and published articles on a variety of subjects in medical journals. He now researches and promotes KMC full time.

COURSE DESCRIPTION

Join the Perinatal Outreach Department at NYU Langone Medical Center to study the neuro-behavioral evidence base surrounding skin-to-skin contact and its impact on infant sleep patterns, lactation, feeding frequency, and parenting behaviors.

TARGET AUDIENCE

This course is intended for professionals who work with parents and newborns, for example: Nurses, Pediatricians, Obstetricians, Nurse Practitioners, Midwives, Family Practice clinicians, Physician Assistants, Lactation Consultants, Childbirth Educators, Doulas, Child-Life Specialists, and anyone interested in improving maternal-newborn care.

REGISTRATION AND INFORMATION

To register, visit www.nyubaby.org
Select Classes and Support Groups. Click the link for Online Registration System. Check Perinatal Neuroscience, then click Continue. Enter demographic data, and follow instructions.

Course Fees
Standard pricing: $150
NYU Langone, NYU Lutheran, and Richmond University staff: $100*

*Please email aviva.kleinman@nyumc.org to register with this discount.

Contact Hours
Continuing Education information to follow.

Hotel Accommodations
A list of hotels is available at http://www.med.nyu.edu/cme/travel

Parking
For information, please visit http://nyulangone.org/locations/tisch-hospital/parking.
We cannot validate parking for registrants.
EDUCATIONAL OBJECTIVES

• Identify key elements of developmental neuroscience
• Describe the clinical significance of “birth skin-to-skin contact”
• Contrast the physiology of normal versus separated newborn infants
• Appreciate a new view of human reproductive biology
• Apply healthier principles in maternal-infant care
• Apply neuro-behavioral techniques to support breastfeeding in pre-term and full-term infants
• Recognize nutritional importance of human milk to neurodevelopment
• Estimate from basic data an optimal feeding frequency in the newborn period
• Understand various dynamics of human development

OUTLINE

• Perinatal Neuroscience, Skin-to-Skin Contact, and Newborn Sleep
• Scientific Evidence Base for Skin-to-Skin Contact
• Neuroscience of Parenting - Including fathers
• A Neuro-behavioural Approach to Breastfeeding
• A Neuro-behavioural approach to feeding frequency
• Anthropological and Social Aspects of Skin-to-Skin Care

Meals
Light Breakfast and Lunch will be served. Please notify aviva.kleinman@nyumc.org if you have a special dietary need.

Accessibility
The Perinatal Outreach Department, in compliance with the legal requirements of the Americans with Disabilities Act, requests any participant of this continuing education course who is in need of accommodation to submit written requests to aviva.kleinman@nyumc.org at least one week before the event.

Cancellations
You may cancel your registration for a full refund if sent via email by January 31st.

Neither the NYULMC Perinatal Outreach department nor Dr. Nils Bergman have any conflicts to declare.
The Perinatal Outreach Program at NYU Langone Medical Center aims to improve outcomes for mothers and babies through educational programming offered to affiliate centers, New York State hospitals, and beyond. We strive to work collaboratively with hospitals and community programs to advance perinatal healthcare.

For questions or more information, please contact:
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